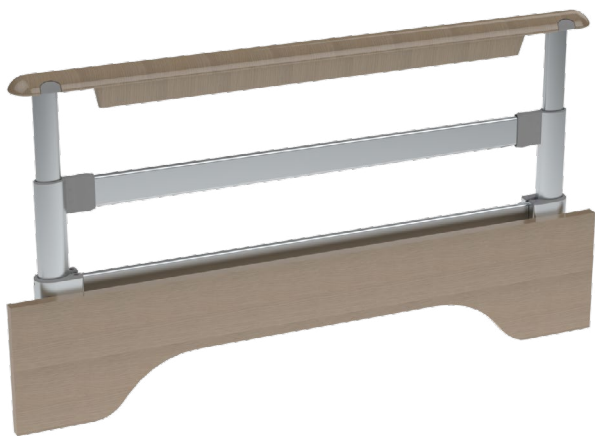




CARE
BEDS

USER GUIDE

HOW TO USE WINNCARE SIDE RAILS ?



1 HALF BARRIER, 3 POSITIONS

Our half-barriers can be adjusted to provide **flexibility**, **safety** and **comfort** for your residents.

The height can be adjusted to **3 positions**, for different levels of protection:

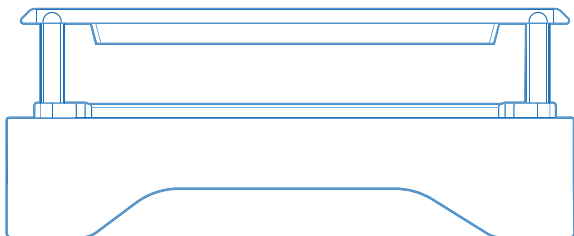
LOW POSITION

Discretion and practicality to make daily tasks and bed exit simple



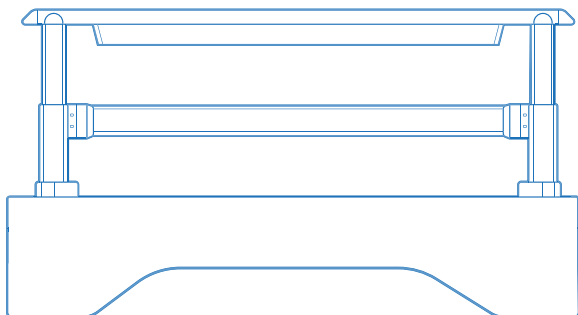
INTERMEDIATE POSITION

When head side is lifted it creates reassurance for the patient, limiting the risk of falls by rolling sideways.



HIGH POSITION

Full protection when all 4 segments are raised



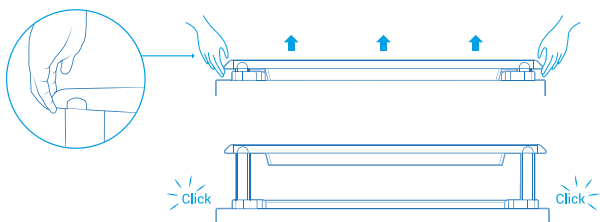
TO LIFT THE BARRIER



To reach the top position, we recommend that you lift the rail **in two stages**, with a stop at the intermediate position

RAISE TO INTERMEDIATE POSITION

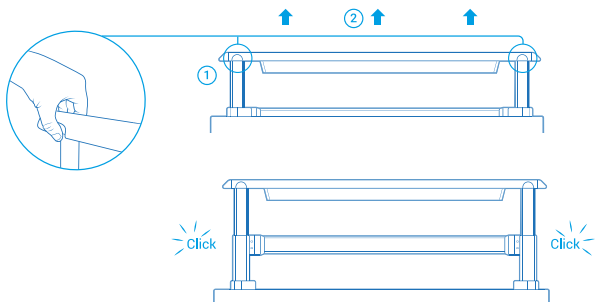
- ▶ When the barrier is in the low position, lift the handrail by the 2 ends, **without pressing the locking buttons**.
- ▶ Lift until it locks in the intermediate position (you can hear a slight 'click')



You can check that the barrier is properly locked by trying to lower it without touching the buttons

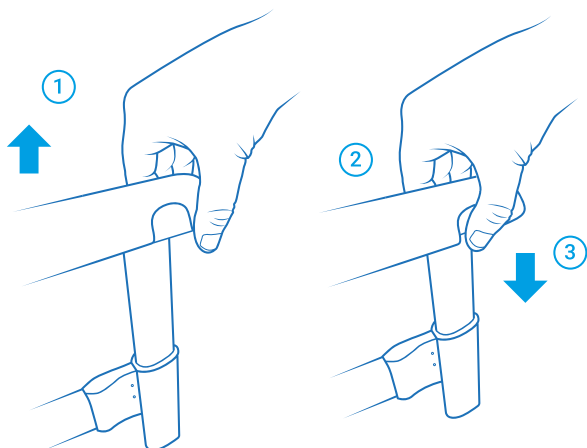
RAISE TO TOP POSITION

- 1 Press the unlock buttons **simultaneously** with both hands
- 2 Lift the handrail with both hands, keeping the buttons pressed down, until it locks (you can hear a slight 'click').



You can check that the barrier is properly locked by trying to lower it without touching the buttons

TO LOWER THE BARRIER



- ① Slightly raise the side rail
- ② **Then** press the locking buttons **simultaneously** with both hands
- ③ Lower the side rail to the desired position



Our tips for correct use

- ✓ Make sure there are no **obstacles** to lower or raise the side rails (sheets, dining table, book, etc.).
- ✓ Stand in **the middle of** the half-barrier segment you want to handle
- ✓ **Simultaneously** press the 2 locking buttons, **right in the centre of the button**
- ✓ To avoid pinching your fingers, don't put your hands too far under the side rail.
- ✓ Keep the side rail **horizontal** when handling
- ✓ If the rail appears to be blocked, **gently raise it to the upper, horizontal position**, before resuming operation.



BED RAILS GOOD PRACTICES : WHEN AND FOR WHOM?

The use of side rails must be assessed on a case-by-case basis

What are the regulations?

The use of side-rails (including half-barriers) **requires a medical prescription¹, and should be documented¹**, in the patient's file.

For what situation?

Bed rails are the **ultimate alternative** to reduce the risk of patients or residents falling out of bed or of nocturnal wandering.



This system does not replace patient monitoring. Specific monitoring is required for people who are agitated, incapacitated or not lucid, and for children. Regular monitoring allows rapid intervention in the event of entrapment and avoids serious clinical consequences².

TIPS & BEST PRACTICES

- ▶ For each patient, always **assess the benefit/risk ratio of side rails** before deciding to use them or not. Take into account the ability of carers to monitor the patient's or resident's physical and mental state: their needs, abilities, lucidity, size and agitation. This assessment should be repeated regularly.
- ▶ The barriers **are not designed to prevent a patient or resident from voluntarily getting out of bed³**.
- ▶ Fixation and locking systems **must not be accessible to the patient**. Their proper functioning should be checked during installation.
- ▶ When using a motorised therapeutic air mattress for pressure ulcer prevention, **make sure that the patient is not compressed when the mattress is inflated** or trapped between the structural elements of the side rails.
- ▶ Patients must be lifted using an **appropriate mobility aid**.
- ▶ If the barrier is unstable, make sure it is securely screwed onto the bed frame. This check can be carried out by your technical maintenance teams or service providers.



Please refer to the instructions for use for full advice on use and maintenance.

¹ ANSM. Recommendations for bed restraints. Fiche recos. Nov. 2020

² HAS. Good use of bed rails. Jan. 2006

³ HAS. Evaluation of medical beds and accessories for homecare patients who have lost their motor autonomy. Nov. 2007

INSTALLER

Breakdown number :

Installer's stamp

COMPLIANCE



Complies with Regulation (EU) 2017/745 and standard IEC 60601-2-52+A1

(specific basic safety and essential performance requirements for medical beds)

Class I medical device Application

Environments : 1, 2, 3, 5



Product made in France

